



#women & windsurf

professional windsurfers association % % #



dynamic, fun, gracefull and talented!

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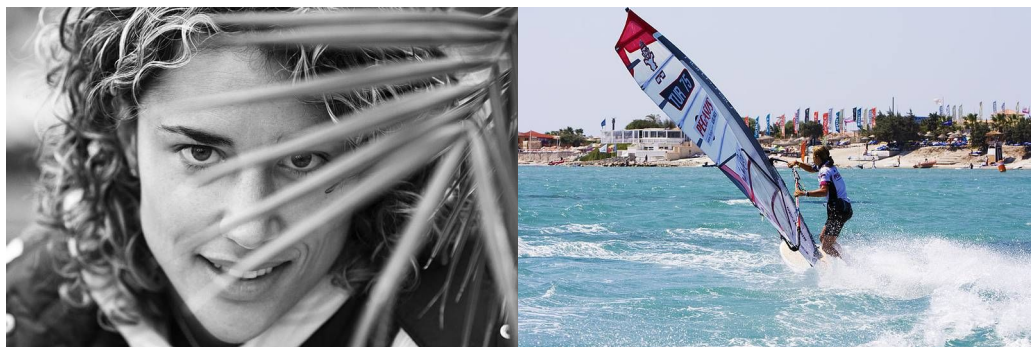


When women come into focus... the show really starts!

PWA women pro riders, with their gracious and elegant style on the water, give a softer image of windsurf competitions. They are living their passion and always go beyond themselves to reach this new way of living their lives by traveling all around the world, discovering new people, new cultures and sharing their love for windsurfing.

They are also real actors in their sport and play an important role in the development of windsurfing and work hard to communicate through their sport all around the world.

They actually represent dynamic feminine figures to which every modern woman tend to identify and keep on promoting a new liberated type of women's lifestyle.





Girls on top :



The Moreno twins, from Spain
Iballa (E 63) & Daida (E 64)



One woman has been dominating the windsurfing scene since her debut in the late nineties; Daida Moreno has taken women's windsurfing to another level, sometimes literally with massive jumps that would make any windsurfer turn green with envy. Daida is a phenomenal windsurfer and brilliant marketer, using her sailing and personality to push the sport to new heights - not only for herself, but for windsurfing in general. Being Daida's twin sister it should come as no surprise that Iballa has been rocking the world of windsurfing big time too over the last couple of years. With incredible moves and jumps up her sleeve, Iballa may well only have a match in her sister, as in many wave and freestyle finals the Moreno twins go head to head. Moreover, they organized girls training camps where women riders from all over the world were coming to the same place to improve their windsurfing level but also to help them evolving into the windsurfing world, and that was a great success.



Sarah-Quita Offringa, from Aruba (ARU 91)

At just 17 years old Sarah-Quita is the 2009 PWA Freestyle World Champion. It was no mean feat that she recently beat long-reigning multiple world champion Daida Moreno, and it looks like she's going to be on the scene for many years to come. With a cheerful and positive attitude that brings a smile to the faces of all who meet her, Sarah-Quita is one of the most popular sailors on tour.



Girls on top :



Karin Jaggi, from Swiss (sail number Z 14) :

Not only is Swiss born Karin Jaggi a super-talented all-round windsurfer, excelling in every discipline; she is also officially the fastest windsurfing woman on the planet with a world speed record of 41.2 knots. Over the years, Karin has demonstrated her versatility by winning several world titles in every discipline. As a key member of the PWA's management board, Karin works tirelessly to promote the uptake of the women's sport.



Valérie Ghibaudo, from France (F 444) :

Nicknamed « the rocket », simply because she's so fast on the water, Valérie excels in the art of windsurfing for many years and is today the PWA Slalom World Champion. She's always looking to be at the top and did a great come back in competition 4 years ago after her child had grown old enough. Her little daughter, Margaux, is so proud of her mum that she follows her on all the podiums!



Nayra Alonso, from Spain (E 4) :

Another fiery, red-hot Spanish talent. Born and bred in the relentless wind of her native Gran Canaria, Nayra's abilities are feared by even the champions. Known for pushing her limits within competition, Aged 30, a quick learner, and fizzing with energy, she is one of the fastest learners in the sport and highly likely to climb the rankings further. Nayra joined the pro scene after only two years of windsurfing and is now pro active in the windsurfing press relations. As her own manager she focuses on how to make our sport more known to the public and proposes to talk about windsurfing from different interesting points of view.



Girls on top :



Sarah Hébert, from France (ARM 1) :

Sarah began her life with her parents and brother on a boat. Born in French New Caledonia she lived her childhood on the sea, traveling all around the world, discovering the most beautiful places on earth. She is now addicted to water sports, practicing windsurf full time to get at the highest level. Sarah also develops her professional career as a journalist for a water sports web tv channel and pushes hard to contribute to the development of her favorite sport.



Junko Nagoshi, from Japan (J 11) :

This 33 year old all rounder has a thirst for competition in Waves, Freestyle and Super-X. Japanese born and bred she's now based in windsurfing's Mecca of Maui an ideal training ground for her to hone her exceptional skills. A relative latecomer to the competitive scene, Junko made an immediate impact by taking the 2005 Rookie of the Year award in her debut season, and has also become a significant threat at the specialist indoor game.



Laure Treboux, from Swiss (SUI 4) :

Following in the Swiss footsteps of Karin Jaggi, Laure has made a huge splash in her debut year on the PWA circuit. With a fluid and graceful style, developed between the Red Sea and the West coast of Australia, her high standard of Freestyle performance has really helped to shake the women's scene up. Alongside other young talent such as Sarah-Quita, a new age of women's freestyle performance has dawned.



Bringing women into the spotlight...

With their fun loving attitude and friendly approach to all aspects of the sport, the PWA women are ideal ambassadors for light wind or promotional activities. Their open and supportive approach to promotion makes them the perfect promotional asset for a whole range of interactive and demonstrative public activities. They will be available during the event for signing sessions, interviews and photo opportunities with the public and the press, but they will also give the event a new dimension with fun and promotional activities...

Women's fun races

Windsurfing is all about having fun finally, and to lower the pressure between the competitors, without losing any benefits from the show, it is interesting to organize some fun races. PWA women pro riders would race in team in any types of wind/wave conditions, on an easy course really close to the beach, putting the public right in the heart of the action.

Training tips and techniques with the pros

As professional athletes, PWA Pro Women riders prepare themselves very carefully all year long both mentally and physically. As such, they are very experienced in many training and preparation techniques, including everything from strength and endurance training to stretching, flexibility and diet. With finely balanced routines to ensure that they are in the best physical shape for competition, they are well placed to offer advice and assistance to windsurfers and sportswomen of any age and make fantastic hosts for public seminars and demonstrations, creating an excellent vehicle for interaction with the public at events





Bringing women into the spotlight...

Windsurfing/Stand up paddling introduction on the water with the pros

Initiations with the PWA women pro riders can be organized during the event, if the wind conditions are suitable. By putting some windsurfing/stand up paddling equipment at the public disposal it will allow spectators to have a taste of the pleasure of going on the water. The public will then be able to share the passion of windsurfing with our women champions.

Windsurf clinics

For those who simply want to learn about more advanced windsurfing techniques, clinics can be organised utilising the PWA Pro Women who, with their ability, understanding and great interpersonal skills, make some of the finest windsurf instructors on the planet.





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on the women's side of windsurfing...

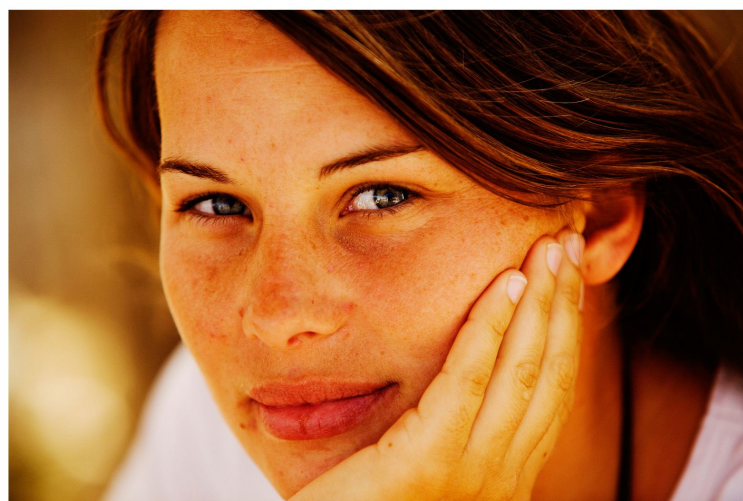
What's going on ?

calendar 2010 :

- * Ulsan World Cup Korea, 15 - 21 may
Slalom
- * Costa Brava Spain, 8 - 13 june
Slalom
- * Costa Teguisse Lanzarote, 29 june - 4 july
Freestyle
- * Pozo Gran Canaria, 11 - 18 july
Freestyle - Wave
- * Sotavento Fuerteventura, 23 july – 2 august
Slalom – Freestyle
- * Alacati Turkey, 9 - 14 august
Slalom
- * Sylt Germany, 24 sept – 3 oct
Wave



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